

Verrutop Quick Start Guide

NB: If you still need help with training or resources, please let us know at info@bap-medical.co.uk and we can arrange an online or in-person meeting to provide product training.

Unlike most verruca treatments, Verrutop works by breaking down the viral proteins and drying out the infected cells. This stops the virus from spreading without burning or freezing the surrounding tissue.

Diagnosis and Preparation:

- Confirm the diagnosis by taking a patient history.
- Advise patients to wait at least 4 weeks after stopping prior wart treatments before starting Verrutop. This allows the skin to recover and avoids potential interactions.

Debridement:

- Debride the verruca well. Remove all hard keratin covering the verruca so that Verrutop can be applied directly to it. (Tip: Use Our [Dermal Curettes](#))
- Bleeding may occur during debriding the verruca, and it is completely normal. It indicates you've reached the correct level. To stop the bleeding, simply apply pressure or elevate the limb. Avoid using haemostatic agents (Ex: Ferric Chloride, Silver Nitrate, Styptic powder) as they may interfere with Verrutop's effectiveness. Pressure or elevation is all that's needed.

Safe Application:

- Verrutop is precisely applied using a glass capillary which is included in the pack. Take out an ampoule of product from the pack and make sure that the liquid is in the bottom of the ampoule (not the top). There's only 0.1ml in each ampoule, sufficient to treat 3-4 verruca on the same patient if required.
- Wrap the ampoule's neck with a tissue or cloth for safe breaking. Snap it at the scored ring. You can also consider using an ampoule breaker for extra safety.
- Place the ampoule in the designated spot in the box for stability.
- Insert the capillary into the ampoule; it will automatically fill with 5-6mm of liquid.
- Apply Verrutop to the verruca by gently tapping the capillary tip onto the surface. Each tap releases a small dot of liquid.
- Cover the entire verruca surface with these taps.
- No need to mask the area unless treating a periungual warts (around your fingernails or toenails). In that case, cover the nail with tape to prevent staining as Verrutop can stain a nail permanently until it grows out. However, unlike cryotherapy, Verrutop does not damage the developing nail in the nail bed.

Post-Application:

- Let the liquid dry for a few minutes. The patient can then resume normal activities.

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- Schedule a follow-up or ask the patient to return every 2 weeks for reassessment and further treatment.
- Advise the patient to dab the verruca with surgical spirit twice daily between visits to maintain the drying process. This step is based on anecdotal evidence.

Follow-Up Care:

- Always debride at each re-visit to remove keratin.
- The verruca may shrink, thin out, or detach completely over time.
- Success is indicated when the normal skin patterns start to reappear.
- Some verrucae, especially large or longstanding ones, may need multiple treatments. Prepare patients for the possibility that 10-15% may not respond to treatment.

Availability and Use:

- Sales Restriction: Verrutop is sold only to registered professionals due to pre-treatment requirements and precise application.
- Multiple Patients: Each ampoule is meant for a single treatment on one patient. Avoid using a single ampoule for multiple patients due to infection control concerns.
- Fast Treatment: There's no "fast" way to treat warts. Verrutop offers a painless and more effective alternative to cryotherapy in [reducing viral DNA in warts](#).

Uncommon Situations:

- No Colour Change: If you are treating an area for the first time and it doesn't change colour within 4-5 minutes, it is possible to reapply the Verrutop at the same sitting. This should only be done at the first sitting.
- Clogged Capillary: Replace the clogged capillary with a spare one provided in the box.
- Multiple Warts: You can use the same capillary on multiple warts on the same foot if it's still functional.
- Empty Ampoule: The 0.1ml liquid can be at the top of the ampoule. Tap it gently to move it to the bottom for easier access.
- Ampoule is too hard or unbreakable: To open safely, wrap the ampoule's neck with a tissue or cloth and snap at the scored ring. For extra safety, consider using an ampoule breaker.
- Should a patient use surgical spirit during the 4-week gap: There's usually no need for the patient to use surgical spirit during the 28-day break. They can, however, apply it if they wish. Continuing with surgical spirit may help, as Verrutop can continue working for a few days after the last treatment.

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Additional Tips:

- Keep the Area Dry: Instruct patients to keep the treated area dry for the first 24 hours. After that, showering is fine but avoid prolonged soaking.
- Swimming: Swimmers should use surgical spirit after leaving the pool and avoid swimming for at least 48 hours after Verrutop application.
- Multiple Treatments: Some warts, especially large or longstanding ones, may require multiple treatments. Prepare patients for this possibility and explain that 10-15% might not respond.
- Diabetic Patient: Verrutop can be applied to people with diabetes, provided they have good circulation and no complications like neuropathy or severe peripheral vascular disease. As you are the professional here, you can use your judgement to determine if Verrutop is suitable for your diabetic patients.
- More than 6 treatments? A small number of warts may not respond to Verrutop, and clinical studies indicate that the maximum effect is usually seen within 6 treatments. The recommended limit is therefore set at 6 treatments, as further applications are unlikely to be effective and may not provide good value for money. In some cases, however, a few additional treatments may be needed. As a professional, you are best placed to make this decision. If you notice no visible changes or improvements after 2-3 treatments, it's unlikely that Verrutop will be effective. On the other hand, if progress is evident after 6 treatments but the wart hasn't completely cleared, you may decide to continue with an extra session or two based on your professional judgement.
- Dermal Curettes: Consider using our single use [dermal curettes](#) for precise debridement of thick wart tissue before Verrutop application. Available in packs of 10 and 5 different sizes, each unit is individually sealed.

For more information, please visit our [website](#)

- [Verrutop Blogs](#)
- [Dermal Curette](#)



[Disposable Dermal Curette Box of 10](#)

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